

Dance the Hokey Pokey!

Skills you'll practice:

- Left and Right Positional Concepts
- In and Out Positional Concepts
- Following Directions
- Singing!

Directions:

Teach your child to dance to the hokey pokey! They'll have fun while learning and exercising.

Lyrics:

You put your right foot in,
You put your right foot out,
You put your right foot in
And you shake it all about.
You do the Hokey Pokey
And you turn yourself around,
That's what it's all about.

You put your left foot in,
You put your left foot out,
You put your left foot in,
And you shake it all about.
You do the Hokey Pokey
And you turn yourself around,
That's what it's all about.

You put your right hand in,
You put your right hand out,
You put your right hand in
And you shake it all about.
You do the Hokey Pokey
And you turn yourself around,
That's what it's all about.

You put your left hand in,
You put your left hand out,
You put your left hand in,
And you shake it all about.
You do the Hokey Pokey
And you turn yourself around,
That's what it's all about.

You put your right shoulder in,
You put your right shoulder out,
You put your right shoulder in,
And you shake it all about.
You do the Hokey Pokey
And you turn yourself around,
That's what it's all about.

You put your left shoulder in,
You put your left shoulder out,
You put your left shoulder in,
And you shake it all about.
You do the Hokey Pokey
And you turn yourself around,
That's what it's all about.

You put your right hip in,
You put your right hip out,
You put your right hip in
And you shake it all about.
You do the Hokey Pokey
And you turn yourself around,
That's what it's all about.

You put your left hip in,
You put your left hip out,
You put your left hip in,
And you shake it all about.
You do the Hokey Pokey
And you turn yourself around,
That's what it's all about.

You put your whole self in, you put your whole self out,
You put your whole self in and you shake it all about.
You do the Hokey Pokey and you turn yourself around,
That's what it's all about.